

# TAKE A KNEE FOR DVT



THEBLOOD EXPERTS.COM

## THROMBOSIS

DEVELOPMENT  
OF A BLOOD CLOT

ON AVERAGE,

**200,000  
PEOPLE**

DIE IN THE US  
EVERY YEAR FROM  
BLOOD CLOTS

- THATS MORE DEATHS THAN AIDS, BREAST CANCER AND CAR CRASHES COMBINED
- MOST OF THESE DEATHS COULD HAVE BEEN PREVENTED



## DEEP VEIN THROMBOSIS (DVT)

BLOOD CLOT DEEP  
IN THE VEINS USUALLY  
FOUND IN THE LOWER  
LEG OR GROIN

## ASK THESE QUESTIONS...

COULD THIS BE  
A BLOOD CLOT?  
SHOULD I HAVE  
DIAGNOSTIC  
TESTING?



## PULMONARY EMBOLISM (PE)

WHEN A CLOT  
BREAKS FREE AND  
TRAVELS TO THE  
LUNGS



## SIGNS & SYMPTOMS

- SWELLING OF THE LIMBS
- UNEXPECTED PAIN OR TENDERNESS IN LEGS OR GROIN AREA
- SKIN THAT IS WARM TO THE TOUCH

MANY TIMES THE  
SYMPTOMS ARE  
OVERLOOKED!

## REDUCE YOUR RISK!

- KNOW AND UNDERSTAND THE FACTS
- SEEK MEDICAL ATTENTION IMMEDIATELY IF YOU EXPERIENCE SYMPTOMS



Deveraux Hubbard II Foundation  
RAISING BLOOD CLOT AWARENESS 2 STEPS AT A TIME